

Author and Founder of Stancil Studios

## Nature taught her how to be human.

Elisa's lifelong ally provided her solace when she faced secret abuse beginning at two years old. Through drug abuse, teen pregnancy, her baby's stillbirth, and a mystical near-death experience, nature shaped her character and she was able to transform her trauma into a wildly successful career.

She restored historic houses and then founded Stancil Studios, an award winning, nationwide company that works with scions of design on both coasts.

Elisa's color and pattern design have been featured in every major American design magazine including Town and Country, California Home, Luxe, and Vogue.

She was also home and garden editor and feature writer for Sacramento Magazine.

In her groundbreaking memoir 'This or Something Better' Elisa shares the story of "the making of a maker" where she explores the combination of surrender and decisive action, trust and wariness, solitude and human connection, intuition and painstaking self-inquiry, grace and sheer hard labor that lie at the heart of the great mystery of human resilience.

Nature provided her with a new lease on life but could Elisa ever learn to trust human nature?

Her stories of growing up in a world full of both wonder and danger are unique: told with frank detail, coming to conclusions about curiosities she encounters with both balance and generosity. She fills every page with beauty and learning... Her life is multi textured because she has made it so. This lovely book is well worth a read."

Rebecca Lawton, Author of Swimming Grand Canyon

## **BOOK ELISA TO REVEAL HOW TO**

- Harness nature as your greatest guide to living your most joyful and fulfilling life
- Recover from addictions and destructive behaviors by tapping into your true talent
- Create a successful career by leveraging your inner female gift to build and nurture
- Unlock your intuition and lead with unwavering confidence by tapping into essence
- Trick yourself into taking decisive action and surrendering to the unknown.
- Leverage your anger to resolve deep issues

